What's New with Medicare in 2023





Information as of October 18, 2022

SHIP is administered by the NJ Department of Human Services under a federal grant from the U.S. Administration for Community Living.

Review of Basics: Medicare has Four Parts









Part A

Hospital Insurance

Part B

Medical Insurance

Part C

Medicare
Advantage
(like HMOs and PPOs)

Part D

Medicare Prescription Drug

Original Medicare/Traditional Medicare

Optional

Each part of Medicare has different:

- Rules for enrollment
- Monthly premiums
- Deductibles
- Cost sharing for services (coinsurance and copays)

2

Choices in Medicare

When you come to the fork in the road....

Original Medicare (Parts A and B)+ Medigap

- More provider choice
- More complete coverage
- May require additional premiums for supplemental insurance and Part D if no other creditable coverage from retiree plan, union, Medicaid, MSP, etc.

Medicare Advantage

- Provider Networks
- Pre-approval process
 - Higher cost-sharing
- Lower or no additional premium for MA plan.
 Must pay monthly Part D premium regardless.
 - Extra Benefits

Your Medicare Choices

Original Medicare

Part A
Hospital
Insurance

Part B Medical Insurance

Medicare Advantage Plan (HMO or PPO)

Medicare Part C
Combines
Part A, Part B
and
usually Part D

Part D Prescription Drug
Coverage or other
creditable drug plan

2023 Original Medicare: Your Part B Costs

- Premium: \$164.90/month for most beneficiaries (\$170.10 in 2022)
- Annual Deductible: \$226 (was \$233 in 2022)
- Coinsurance:
 - 20% for most Part B services
- Excess Charge additional 15% coinsurance for providers who do not accept Medicare allowed amount as payment in full (assignment)

NOTE:

If you have **Medicare Supplement Policy (Medigap)** or have retiree health benefits from former employer, usually covers some or all of Medicare Part A and Part B cost sharing.

2023 Medicare Part B Premiums

If Your Yearly Modified Adjusted Gross Income in 2021 was		Premium you paid for Part B	Premium you pay		
File Individual Tax Return	File Joint Tax Return	in 2022	per month for Part B in 2023		
\$97,000 or less	\$194,000 or less	\$170.10	\$164.90		
\$97,001 - \$123,000	\$194,001 - \$246,000	\$238.10	\$230.80		
\$123,001 - \$153,000	\$246,001 - \$306,000	\$340.20	\$329.70		
\$153,001 - \$183,000	\$306,001 - \$366,000	\$442.30	\$428.60		
\$183,001 - \$500,000	\$366,001 - \$750,000	\$544.30	\$527.50		
Above \$500,000	Above \$750,000	\$578.30	\$560.50		

Annual Enrollment for People with Medicare

- From October 15 to December 7 you can
 - ✓ Join or switch a Medicare Prescription Drug Plan
 - ✓ Join or switch a Medicare Advantage Plan
- Time to shop & compare health and drug plan choices
 - ✓ Is your current plan still best one for you (best costs and coverage)
 - ✓ Choose the plan that fits your needs
- Coverage begins on January 1, 2023
 - ✓ You'll have membership card/materials in hand

When you come to the fork in the road......

<u>NOTE</u>: Enrollment or changes to Medicare Supplement Policies (Medigaps) can be submitted <u>anytime</u> for those age 65+ (not restricted to Fall Enrollment Period).

NJ Medicare Drug Plans 2023

- **24** drug plans available
- Cigna Essential Rx Plan ending.
 - Members moved to Cigna Extra Rx Plan
 - o Members will see **premium inc. from \$34.90 to \$73.50 per month.**
- Other plans with significant premium increase:
 - Horizon Medicare Blue Saver Plan- from \$28.50 to \$59.50
 - Humana Walmart <u>Value</u> Plan- from \$22.70 to \$34.00
 - Mutual of Omaha <u>Premier</u> Plan- from \$37.10 to \$65.70
- Lowest Premiums:
 - SilverScript <u>Smart Saver</u> Rx \$6.80
 - Wellcare <u>Value Script</u> -\$9.30
 - o Cigna <u>Saver</u> Rx **-\$13.80**





NJ Part D Plan Chart- things to note



- Most plans with a deductible exclude the deductible for some tiers (you pay a copay for these drugs, plan pays the rest)
- Five plans have additional coverage in the gap
 - Member will pay less than 25% for some drugs





NEW FOR 2023 \$35 cap on Insulin copay!



- Starting 1/1/2023, insulin covered by Medicare plans cannot have copay higher than \$35 per month
 - No deductible
 - No Coverage Gap
- All Medicare drug and health plans can choose which insulin to cover on their drug list (formulary)
 - Need to enroll in plan that has your insulin covered.
 - Need to use your plan's in-network local pharmacy or mail order.



\$35 insulin copays will NOT show on Medicare.gov

Inflation Reduction Act passed too late to be reflected on Medicare.gov Plan Finder.

Do plan comparison without insulin on the drug list.

- Capture top 3 plans with best costs and coverage for non-insulin medications
- 2. Run <u>second</u> plan comparison <u>only for the insulin</u> to find plan with best coverage (and maybe cost)
- 3. See if any plans in insulin comparison match plans in the first run of best plans for non-insulin meds.



Part B Insulin Cost Sharing



- Starting **July 1, 2023**
 - Insulin used with DME pump
 - Capped at \$35 per month cost share and no deductible
 - currently covered with 20% cost share after B deductible met.
 - Cap only for those in Original Medicare, not MA plans.







\$0 Cost for Medicare Covered Vaccines





- Part D-covered adult vaccines recommended by the Advisory Committee on Immunizations Practices (ACIP) will be covered by Medicare Part D at 100%.
 - Includes vaccines for shingles (Shingrix)
 - o and Tetantus-Diphtheria-Whooping Cough
- ALL Medicare drug and health plans MUST cover these vaccines on their plan formulary.





Implementation Timeline of the Prescription Drug Provisions in the Inflation Reduction Act

2023 2025 2028 2029 2024 2026 2027 Adds \$2,000 Eliminates 5% Implements negotiated prices for certain high-cost out-of-pocket Limits insulin coinsurance drugs: cap in Part D for Part D copays to and other drug \$35/month in catastrophic 20 Medicare •10 Medicare •15 Medicare •15 Medicare benefit Part D coverage Part B and Part D drugs Part D drugs Part B and changes Part D drugs

Reduces costs and improves coverage for adult vaccines in Medicare Part D. Medicaid & CHIP

2024-2030: Limits Medicare Part D premium growth to no more than 6% per year



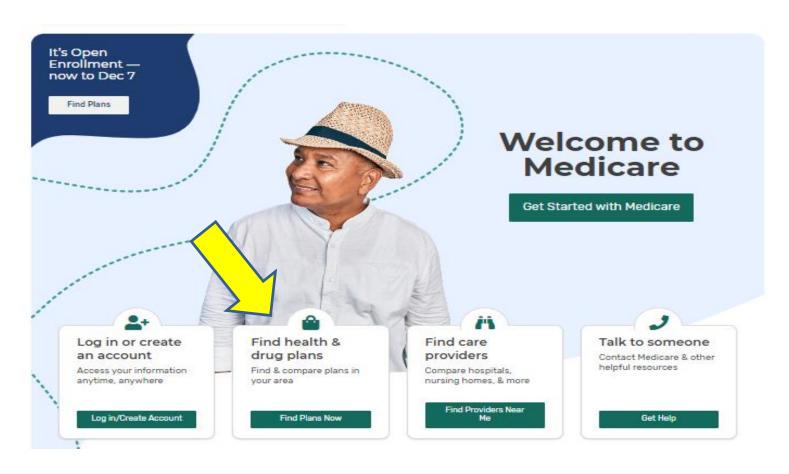
Part D drugs

Chart of Part D Plans available on NJ SHIP webpage www.aging.nj.gov

Company Name	Plan Name	Benefit Type	Premium with Medicaid or LIS/Extra Help	Monthly Premium	Annual Drug Deductible	Additional Coverage Offered in the Gap	Contract ID	Plan ID	Plan's Performance Rating*	\$0 premium with NJ PAAD	Preferred Pharmacy Chains**	Participating in Insulin Savings Program
UnitedHealthcare	AARP MedicareRx Walgreens	Enhanced	\$5.90	\$28.20	\$350 \$0 deduct for Tier 1 drugs	No Additional Gap Coverage	\$5921	386	3 stars	PAAD pays the premium but does not enroil	Walgreens	
1-888-867-5564 aarpmedicarerx.com National Plan	AARP MedicareRx Saver Plus	Basic	\$0	\$36.10	\$505	No Additional Gap Coverage	S5921	349	3 stars	PAAD pays the premium	Waigreens, Waimart	
	AARP MedicareRx Preferred	Enhanced	\$74.30	\$109.30	\$0	Covers Tiers 1 & 2 in the Gap	\$5820	003	3.5 stars		Waigreens, Waimart	0
	New Cigna Saver Rx	Enhanced	\$13.80	\$1 3.80	\$505, \$0 deduct for Tier 1 & 2 drugs	No Additional Gap Coverage	S5617	354	3 stars	PAAD pays the full premium	Rite Aid, Waigreens, Waimart	
Cigna 1-800-735-1459 cignamedicarerx.com National Plan	Cigna Extra Rx	Enhanced	\$38.50	\$ 73.50	\$100 \$0 deduct for Tiers 1, 2, 3, 6	Covers Tiers 1 & 2 in the Gap	S5617	249	3 stars		Rite Aid, Waigreens, Waimart	0
National Man	Cigna Secure Rx	Basic	\$0	\$ 34.30	\$505 \$0 deduct for Tiers 1 & 6 drugs	No Additional Gap Coverage	S5617	018	3 stars	PAAD pays the premium	Rite Ald, Waigreens Walmart	

Medicare Plan Finder

■ Visit <u>www.medicare.gov</u>



How To Compare Plans:

- <u>Coverage</u>: Are my drugs covered by the Plan? Are there any restrictions (*prior authorization, step therapy*)?
- <u>Costs:</u> Look at premium, copays, deductibles. Compare "total yearly drug + premium cost".
 - Remember the double plan finder search for insulin costs.
- <u>Convenience</u>: Is my pharmacy in plan's network? Offer mail order? Have preferred pharmacy with lower copays?
- <u>Coordination:</u> Will it work with my other health or drug benefits?





Sample Page on Medicare Plan Finder

Plan Details Page:

ESTIMATED TOTAL DRUG + PREMIUM COST

Referred Preferred in-network pharmacy

Total yearly drug + premium cost \$1,508.19

When you'll meet your deductible

January 2023

When you'll enter the coverage gap > September 2023

When you'll get out of the coverage gap

You won't get out of the coverage gap in 2023





Insulin Pop-Up Message on Plan Finder

2 1	
21 -	

	Retail cost	Cost before deductible	Cost after deductible	Cost in coverage gap	Cost after coverage gap	
Humalog kwikpen 100unit/ml solution pen injector ^[1]	\$567.47	\$567.47	\$96.47	\$141.87	\$28.37	



Important! Starting January 1, 2023, the cost of a one-month supply of each Part D-covered insulin will be **capped at \$35.** If you get a 60-or 90-day supply of insulin, your costs can't be more than \$35 for each month's supply of each covered insulin.

This new \$35 cap may not be reflected when you compare 2023 plans. You should talk to someone for help comparing plans.

Create a Medicare Account



- Go to www.Medicare.gov
- After creating an account, you will be able to see all your Medicare Claims for Parts A and B (hospital and medical)
- List of your medications already uploaded if you have a Medicare Part D plan.
- How to video found on You Tube
 https://www.youtube.com/watch?v=i6imlBKikSg&feature=youtu.be



What if your prescription is not covered by the plan you choose?



Once open enrollment is over, you are locked into your plan for the year.

- 1. You and your doctor should work with the plan
 - Switch to similar drug that is on the formulary
- 2. If you cannot switch drugs:
 - Your doctor can request an Exception to have it covered
 - If plan denies your exception request can Appeal
- 3. Change to Plan that covers your drug during next Annual Enrollment or special enrollment

Your Medicare Choices

Original Medicare

Part A
Hospital
Insurance

Part B
Medical
Insurance

Part D Prescription Drug
Coverage or other
creditable drug plan



Medicare Supplement
Insurance
Medigap Policy or
retiree group health plan

Medicare Advantage Plan (HMO or PPO)

Medicare Part C
Combines
Part A, Part B
and
usually Part D

If you have Original Medicare, and want a Medigap Policy

- Policies sold by insurance companies
- Cover "cost sharing" in Original Medicare Plan:
 Part A & B Deductibles, Co-pays, Coinsurance
- Also called "Medicare Supplement Insurance"
- 10 Standardized Policies Available
 - Labeled Plan A thru N
 - Plans of same letter have same coverage
 - Only premium costs are different
- Can go to any doctor, hospital, or provider that accepts Medicare in any state

How Medigap Policies Work

- You pay monthly premium for Medigap in addition to Medicare Part B premium
 - \$100 -\$300 per month based on plan and age
- Medigap pays claim after Medicare pays
- Only covers Medicare services
- Company can turn you down for coverage after your first six months with Part B
- Does NOT cover prescription drugs, need <u>separate</u> Medicare Part D Prescription Drug Plan
- Premiums increase with age, and increase any time of year with state approval
- Can keep the policy if you move anywhere in the U.S.

BENEFITS INCLUDED IN THE TEN STANDARD MEDICARE SUPPLEMENT PLANS—2022

Basic Benefit: Included in all plans

•Hospitalization: Part A copayment, coverage for 365 additional days after Medicare benefits end, and

coverage for 60 lifetime reserve days copayment.

•Medical Expenses: Part B coinsurance (generally 20% of Medicare-approved expenses).

•Blood: First 3 pints of blood each year.

•Hospice: Part A cost sharing.

High Deductible Plan F and Plan G – \$2,490/2022--\$2,700/2023

Α	В	С	D	F*	G*	K	L	М	N
Basic	Basic	Basic	Basic	Basic	Basic	Basic	Basic	Basic	Basic
Benefi	Benefit	Benefit	Benefit	Benefit	Benefit	Benefit*	Benefit**	Benefit	Benefit**
t						*			
		Skilled	Skilled	Skilled	Skilled	Skilled	Skilled	Skilled	Skilled
		Nursing	Nursing	Nursing	Nursing	Coinsurance	Nursing Nursing Coinsurance Coinsurance		Nursing
		Coinsurance	Coinsurance	Coinsurance	Coinsurance	(50%)	(75%)	Coinsurance	Coinsurance
	Part A	Part A	Part A	Part A	Part A	Part A	Part A	Part A	Part A
	Deductible	Deductible	Deductible	Deductible	Deductible	Deductible (50%)	Deductible (75%)	Deductible (50%)	Deductibe
		Part B		Part B					
		Deductible		Deductible					
				Part B	Part B				
				Excess	Excess				
		Foreign	Foreign	Foreign	Foreign			Foreign	Foreign
		Travel	Travel	Travel	Travel			Travel	Travel
		Emergency	Emergency	Emergency	Emergency			Emergency	Emergency
						Out of	Out of		
						Pocket	Pocket		
						limit	limit		
						\$6,620	\$3,310		
						\$6,940	\$3,470		

Medigap Plan Benefits

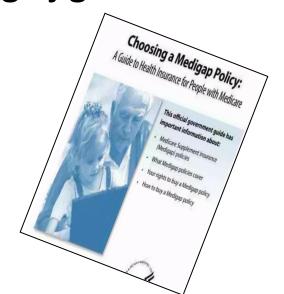
	2023	Plan A	Plan B	Plan D	Plan G*	Plan K **	Plan L**	Plan M	Plan N
	Hospital Deductible: Covers \$1,600 in each benefit period.		×	★	*	50%	75%	50%	*
	Hospital Copayment: Copay for days 61-90 (\$400) and days 91-150 (\$800) in hospital; also provides payment in full for 365 additional lifetime days.	*	*	×	*	*	*	*	*
	Skilled Nursing Facility Copay: Covers \$200 a day for days 21-100 each benefit period.			*	×	50%	75%	×	*
	Hospice Care: Coinsurance for respite care and other Part A-covered services.	*	*	*	*	50%	75%	*	*
	MEDICARE PART B COSTS Part B Annual Deductible: Covers \$226 deductible in 2023								
s 1	Part B Coinsurance: Covers 20% coinsurance for Part B ervices, such as doctors services, aboratory and x-rays, durable medical equipment. Also covers coinsurance for hospital outpatient services.	*	*	*	*	50%	75%	*	Except up to \$20 for office visits and up to \$50 for ER visits (not charged if admitted to hospital)
	Part B Excess/Limiting Charges: art B excess charges of 15% more than Medicare's approved charge when provider does not take assignment.				*				
	OTHER First three pints of blood.	*	×	×	★	50%	75%	*	*
	First three pints of blood. Foreign Travel Emergency: Covers 80% of emergency care costs when outside the U.S., after annual \$250 deductible, up to maximum lifetime benefit of \$50,000.			*	*			*	*

*Plan F & Plan G may also offer a high-deductible option where you pay a \$2,700 deductible in 2023 before coverage starts.

**Plans K and L pay 100% of the Part A and Part B copays after you spend a certain amount out-of-pocket maximum is \$6.940 for Plan K and \$3.470 for Plan L.

Where to get Medigap Information

- Call 1-800-Medicare and ask for free publication
 "Choosing a Medigap Policy"
- Call companies selling Medigaps for premium quote
- Charts available from NJ SHIP
 - ○1-800-792-8820 or **www.aging.nj.gov**
- If age 65+ can apply at anytime
- Not limited to Medicare Annual
 Enrollment Period



Your Medicare Choices

Original Medicare

Part A
Hospital
Insurance

Part B Medical Insurance

Part D Prescription Drug
Coverage or other
creditable drug plan

Medicare Advantage Plan (HMO or PPO)

Medicare Part C
Combines
Part A, Part B
and
usually Part D

TV Ads offering "extra benefits" in Medicare



Ads will link you to insurance agents selling Medicare Advantage Plans

What is Medicare Advantage?

- Structured as HMOs or PPOs
- Insurance companies contract with Medicare to provide your benefits
- You must get <u>all</u> medical services and drugs through the plan
 - May have to use specific doctors, hospitals and labs
 - **▼** May need <u>referrals</u> for services and specialists
- May get extra benefits not covered by Original Medicare
 - o eyeglasses, hearing aids, dental services, gym discounts
- NOT supplements to Medicare—cannot have a Medigap!
 - ➤ No claims go to Medicare, all claims processed by plan





Medicare Advantage Overview

- Plans offered differ by county
- Premiums range from \$0 to \$120 per month
 - Many plans have \$0 premium
 - some plans also offer reduction in member's <u>Part B</u> premium
 - If plan has premium of close to \$100, better to look at different Medicare plan or consider a Medigap Policy
- Some plans have **deductible** before plan will pay
- Plans charge you copay every time you use a service
 - until you reach your <u>maximum out of pocket</u> (\$8,300 IN/\$12,450 OON in 2023), then plan covers 100%





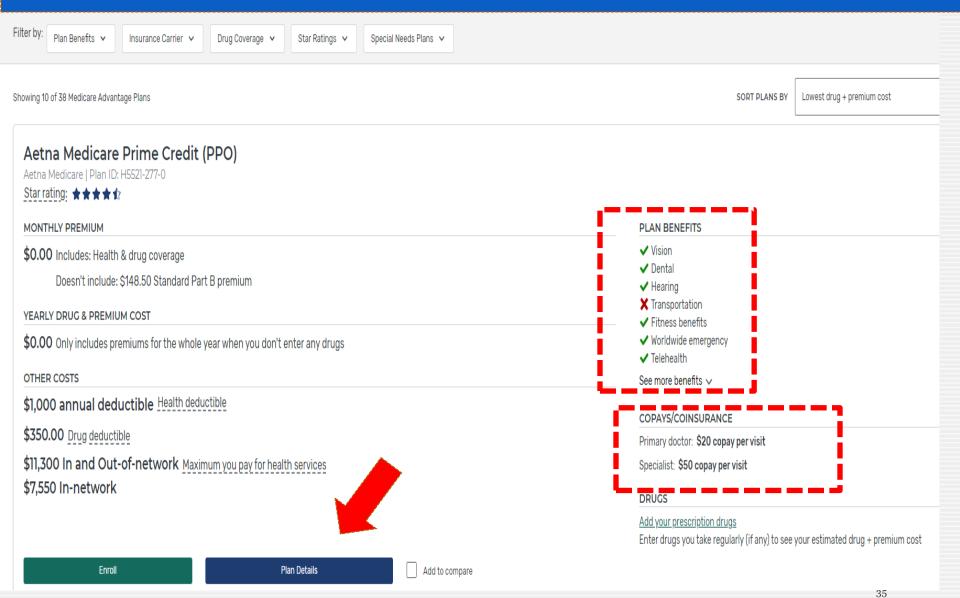
Sample of "Supplemental" or "Extra" benefits offered by <u>some</u> Medicare Advantage plans:

- (34)
- **Dental benefits-** some only "routine/preventive" some cover comprehensive up to dollar cap
- Home-delivered meals after hospital stay
- \$100 to \$400 **spending card** to be used to purchase over-the-counter health related items *such as adult diapers*, *shower chairs*, *cold medicine*
- Transportation to medical appointments
- World-wide coverage for medical emergencies
- "Travel benefit"- use providers in other states

Check each Plan's **Summary of Benefits** for details.



Medicare.gov Plan Finder: How to Find the Extra Benefits in MA Plans



Some MA Plans Not Renewing Plan ends 12/31/2022

- All Horizon Medicare Blue Advantage HMO & PPO Plans ending. Impacting 7,600 members.
- Cigna Preferred Plus Medicare HMO ending in all counties.
- Wellcare--No Premium Open PPO & Wellcare Giveback Open PPO HMO terminating in all counties.

All above members need to take action to enroll in another plan!





Your rights if your plan ending



- ➤ If you take no action, you will go back to Medicare Part A and B, but you will have **no drug coverage** on Jan. 1st.
- ➤ Have **extended open enrollment** until 2/28/2023 to enroll in another Part D or Medicare Advantage Plan.
- ➤ If MA plan is ending, you can return to Original Medicare and have Guaranteed Issue until March 2, 2023 to purchase a Medigap policy and not be turned down.



Questions to ask before enrolling in MA Plan

- Are my doctors and hospitals in the network?
- What are copays/coinsurance for each service?
 - Doctor visits, outpatient procedures
 - Specialists, physical therapy, medical tests
 - Hospital stays, medical equipment
- What are the out-of-network coverage and
- Are referrals required?
- Are my drugs covered?
 - O <u>CANNOT</u> ENROLL IN SEPARATE MEDICARE PART D PLAN WHEN ENROLLED IN A MA PLAN
- Will it affect my employer or union coverage?
- Details on eyeglass and dental coverage?
- What if I travel out of state?



How to Join a New Plan

Enroll in a Medicare Health or Prescription Drug Plan by

- Enrolling on the Medicare website <u>www.medicare.gov</u>
- Calling 1-800-MEDICARE (1-800-633-4227)
- Calling the Plan
- Enrolling in a new plan will disenroll you from your previous drug or health plan
- If you have other coverage, like from an employer or union
 - Check with your plan's benefits administrator before making any changes to your coverage!!!!!!!!

Medicare Advantage Open Enrollment Period

What if you don't like your Medicare Advantage Plan?

- From January 1 to March 31 you can
 - ✓ **Switch** Medicare Advantage Plans or
 - Leave Medicare Advantage and return to Original Medicare with a Part D Drug Plan

NOTE: If returning to Original Medicare can apply for a Medicare Supplement Policy (Medigap) but are not guaranteed to be issued a policy unless you qualify for MA special trial.





Medicare Advantage "No Risk" Trial Situations

- ✓ If you cancel a Medicare Supplement policy 12/31/22 to enroll into a 2023 Medicare Advantage plan for the first time
 - You have one year "trial" and at <u>any time</u> during 2023 you can:
 - Disenroll from MA plan and return to Original Medicare; and
 - Enroll in a Part D Drug plan; and
 - Can purchase a Medicare supplement policy and not be turned down.
 - Get back the Medigap policy you had in 2022
 - If that plan no longer sold, can purchase certain Medigaps from any company

Should I choose Original Medicare or Medicare Advantage Plan?

Stay with Original Medicare if...

- You have health coverage from former employer or union and want to keep it
- You are "snow bird" or travel long periods outside NJ
- You want freedom to go to any Medicare doctor anywhere in the U.S.

Example #1:

Mrs. Healthy's **costs** with Medigap vs. Medicare Advantage Plan

Expense	Medicare Advantage Plan	Medigap Plan G
Part B Premium	\$165 x 12= \$1,980	\$165 x12= \$1,980
Plan Premium	\$0	\$135 x 12 = \$1,620
Part B Deductible	\$0	\$226
Primary Doctor Visit	2 @ \$20 = \$40	\$0
Specialist Visit	2 @ \$50 = \$100	\$0
Outpatient surgery	\$125	\$0
Monthly diabetic	20% of \$100 x 12 =	\$0
supplies	\$240	
Routine dental	\$0	$150 \times 2 = 300$
Eyeglasses	\$100	\$500
Blood work	\$13	\$0
TOTAL FOR YEAR	\$ <mark>2,598</mark>	<mark>\$4,626</mark>

Example #2:

Mr. Sick's costs with Medigap vs. Medicare Advantage Plan

Expense	Medicare Advantage Plan	Medigap Plan G
Part B Premium	\$165 x 12=\$1,980	\$165 x 12=\$1,980
Plan Premium	\$0	\$160 x 12 = \$1,920
Part B Deductible	\$0	\$226
Primary Doctor Visit	6 @ \$20 = \$120	\$0
Specialist Visit	12 @ \$50 = \$600	\$0
MRI outpatient	\$125	\$0
Monthly DME	20% of \$100 x 12 = \$240	\$0
2 Hospital Stays 5 days	\$295 x 10 = \$2,950	\$0
Nursing home rehab	\$125 x 10= \$1,250	\$0
Blood work	\$13 x 4 = \$52	\$0
Ambulance	\$250	\$0
ER visit	\$90	\$0
Outpatient surgery	20% of \$2000 = \$400	\$0
Physical Therapy	\$50 x 11= \$550	\$0
Eyeglasses	\$100	\$500
Routine dental	\$0	\$150 x 2 = \$300
TOTAL FOR YEAR	\$8,707	\$4,926

Programs to help with Medicare Costs

- 1. Medicaid
- 2. Medicare Savings Programs
- 3. NJ PAAD
- 4. NJ Senior Gold Drug Discount



NJ's Pharmaceutical Assistance to the Aged and Disabled Program (PAAD)

Must meet 2022 income limits

Single: less than **\$38,769/yr.** (about \$3,230/mo.)

\$42,142 in 2023

Married: less than **\$45,270/yr.** (about \$3,772/mo.)

\$49,209 in 2023

PAAD members pay no more than

\$5 for generic drugs

\$7 for brand name drugs

- PAAD pays premium for Part D plan
- No Part D deductible, copay, or donut hole
- Apply at 1-800-792-9745 or **www.aging.nj.gov**

NJ Senior Gold Prescription Discount Program

- Senior Gold income eligibility higher than for PAAD
- Income Limits 2022:

Single: less than \$48,769/yr. (about \$4,064/mo.) \$52,142 in 2023

Married: less than \$55,270/yr. (about \$4,605/mo.) \$59,209 in 2023

- You pay \$15 plus 50% of remaining cost for each drug
- You must be enrolled in Part D drug plan
- Senior Gold does NOT pay Part D premium
- Apply at 1-800-792-9745 or www.aging.nj.gov

Review: Your Medicare Coverage Choices

Original Medicare 2

Part A
Hospital
Insurance

Part B
Medical
Insurance

Medicare Supplement Insurance

Medigap Policy or retiree group health plan



Prescription
Drug Plan or
creditable drug
plan

Medicare Advantage Plan (HMO or PPO)

Part C
Combines Part A,
Part B and
usually Part D

Changes can be made this Fall

- Medicare Open Enrollment Period
 - Starts October 15
 - Ends December 7
- Change takes effect January 1, 2023
- Review and Compare Plans
- If in a Medicare Advantage Plan, can also make changes January 1 March 31, 2023
- If happy with current plan, and still offered in 2023, no action needed. But review changes!

NYC Medicare Advantage (MA) Plus Plan for NYC Retirees

NYC Medicare Advantage Plus Plan was a new PPO plan that NYC retirees with Medicare were supposed to be moved to April 2022/Able to use any Medicare provider

UPDATE: NYC MA Plus plan put on hold and retirees remain with their current plan until further notice

Most NYC retirees covered under Senior Care/like a supplement to OM. Does not cover Part B deductible/Plus has additional \$50 deductible

- Senior Care new \$15 co-pays for many services as of January 2022
 - Reference:

HTTPS://WWW1.NYC.GOV/ASSETS/OLR/DOWNLOADS/PDF/ HEALTH/SENIOR-CARE-CHANGE-LETTER-2022.PDF



AVOID SCAMS!

- Medicare will NOT call you and ask for your bank information or Social Security number
- Protect your Medicare number same as you would your credit card
- Medicare will NOT send representatives
 to your home--- these are insurance agents
 trying to sell you health care policies.

How to Get Charts of Medicare Plans in New Jersey

- www.aging.nj.gov
 - Click "Medicare Options" link in blue box
- www.nj.gov/humanservices/doas/services/ship/
- Call **1-800-792-8820**







Where to Get Help

- Medicare Plan Finder
 www.Medicare.gov/find-a-plan
- Contact the Plan
- Call 1-800-MEDICARE
 - (1-800-633-4227)
- NJ State Health Insurance Assistance Program (SHIP) 1-800-792-8820 www.aging.nj.gov